POL&PE Monday Tuesday **Early Stage 1** Week 9, Term 3

Thursday

Friday

Wednesday





Please be aware that times on the overview are a guide, your child may take more or less time to complete certain activities.

We have provided a range of activities in an attempt to support students as much as possible. If the learning is proving to be too challenging for your child, or they need extension in areas, your child's classroom teacher is available via Dojo to assist. Please note that teachers are on site some days assisting with supervision and they may not be able to reply until that afternoon.

We are looking forward to seeing the wonderful learning that is taking place at home. Please feel free to send photos through to your child's classroom teacher via Dojo. All other activities should be completed and compiled in a book or folder for the teacher to check once students return to school.





I am NOT SCARED of a

Teacher Feedback

Dear Parents/carers,

Teachers are requesting if you could please send via Dojo, one completed literacy, maths and gamarra activity that your child completes. This could be a photo of their writing, spelling, maths questions or a photo of outside learning. An example of how we require the photo to be taken is on the next page.

This will enable teachers to check student learning and give feedback. All other learning will be checked when we are all back to school.

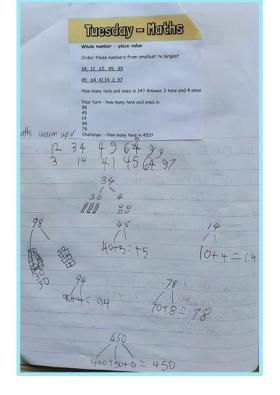
If you have any questions regarding this please contact your class teacher via dojo. We really appreciate your support during this time.

Kind regards,

Early Stage 1 Teachers



Photo Example





Suggested Timetable:

please note you do not need to follow this and complete learning in this order! Make it work for your family and what suits you. At school we have literacy in the mornings as that is when students are normally more focused. But at home a different timetable may work better for you.

Time	Monday	Tuesday	Wednesday	Thursday	Friday
9.15 - 9.30	Fitness PE				
9.30 – 10.00	Literacy Spelling				
10.00 - 10.10	Fruit break and Brain Break				
10.10 - 11.30	Writing Story Time				
11.30 - 12.20	Lunch	Lunch	Lunch	Lunch	Lunch
12.20 - 1.30	Mathematics	Mathematics	Mathematics	Mathematics	Mathematics
1.30 - 1.50	P.E. # ##	P.E. ##	P.E. #	P.E. #	P.E. #
1.50 - 2.15	Recess	Recess	Recess	Recess	Recess
2.15 - 3.15	Gamarra	Gamarra	Gamarra	Gamarra	Gamarra





Learning Intention: We will use kind words and caring actions

Draw a picture of yourself.

Look at the picture.

Think about how you would like others to make you feel.



You would like others to help you to feel good wouldn't you?

Learning Intention: We will use kind words and caring actions

One way that they can help you to feel good is through using kind words and caring actions towards you and others.

Some kind words others might use are them:

- telling you what you are doing well
- saying something that is nice
- telling you how they care for you

What are some other kind words?





Learning Intention: We will use kind words and caring actions

Some caring actions that others might do are:

- doing something nice for you
- spending time for you
- or helping you
- showing you that they care for you

What are some other caring actions?





Learning Intention: We will use kind words and caring actions

Choose at least 1 of these to do for yourself:

- Tell yourself 3 things that you like about you
- Go to bed at the right time to get enough sleep
- Spend some time away from screens each day

Choose at least 1 of these to do or with people that you see each day:

- Say kind words to them.
- Play a game that they want to play.
- Read them a story or listen to them reading.



Additional Activities- Optional

Create your own

your family to

complete.

Help an older family

Make a poster for R

around your house create an instrument

of your choice.

Choose a country

ultimate ice cream

sundae.

that competed in the Tokyo games and draw their flag.	some of your spelling words.	member to cook something.	U OK Day (September 9th) and draw you and your favourite friend, family member or pet.
Collect some leaves and thread them together with string to create your own 'leaf chime'.	Create a sensory shaker bottle using an old bottle, glitter and water (and whatever else you'd like to put in there!)	How many smaller words can you find in the words; SPECTACULAR	Cut out some pictures from a magazine to make a collage.
Write a recipe for how to make a the	Create a scavenger hunt for someone in	Draw some pictures of different emotions	Using recycled materials from

you feel.



Choose an activity from the grid to do each day.



PE Focus

Target Practise

Use buckets or baskets from around your home and set them up at varying distances. Get your child to use a ball or folded pair of socks and practice their underarm and overarm throwing into the targets.

Just Dance

Here are some links to some just dance.

A pirate you shall be
Under the sea

Under the sea
Ants go Marching
That power
I like to move it

Stuffed Toy Challenge

Get your child to see how long they can balance a soft toy on their head. For an extra challenge get them to close their eyes, stand on one foot or walk around the room. Time it and try and beat your score.

Bowling

Set up some drink bottles or empty containers and get your child to underarm roll a ball or pair of socks to knock the targets over.

Kicking

Kick a ball with a family member or find a wall outside to kick against. For a challenge set up a target or goal and practice hitting it from different distances.

Hopscotch

Draw a hopscotch grid using tape or chalk and get your child to practice hopping, 1 footed and 2 footed jumping through the grid.

Walk/Run/Ride

Go for a walk run or ride with an adult.

Throwing

Throw a ball with a family member. As a challenge throw the ball up to yourself and see how many times you can clap before you catch the ball again. Record you result and try and beat your score.

Invent a Game

Create a game that involves hopping, skipping and jumping and teach a family member the rules. Try and think of how you can score points.



PE Focus

Throwing for Distance



Home Fun - Throwing



Organisation

Equipment:

- 1 Ball
- (Can be modified to rolled up socks or scrunched newspaper if space is limited)

Set up and Timing:

- Large open space (may need to go to nearby park)
- 15 minutes



Learning Experience

Instruct students to:

- Using an open space, practice throwing a ball as far as you can and mark the distance (using any object).
- Have 10 attempts and move the marker each time you throw past it.
- Once you've finished measure the distance of your longest throw by counting the number of steps it takes and try to beat it next time.
- Parents/carers also have a go.



Literacy 9:30-11:30

Honday

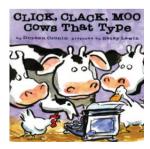
Focus Text

This week we will again be focusing on the book 'Click, Clack, Moo - Cows That Type.'

Your writing and comprehension activities this week will be based on this story.

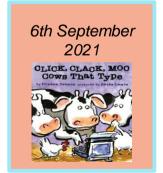
Please watch it on YouTube each day this week. It is a very funny story that the whole family will enjoy!

6th September 2021 I am NOT SCARED of a challenge!





Literacy 9:30-11:30



Monday

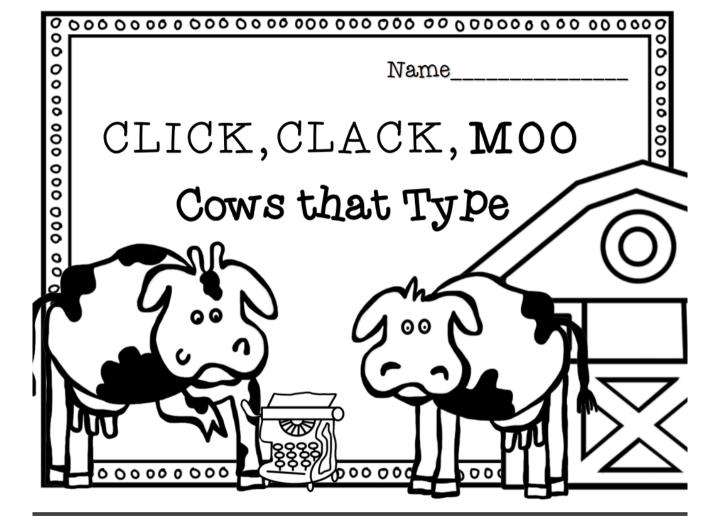
For your writing activity today you will need to decide if you were Farmer Brown would you, or would you not, give the cows an electric blanket?

You need to write your reason why you have chosen what you have decided. You will need to make sure that you include:

- Full stops
- Capital letters
- Finger spaces between your words

Then we have a fun colouring page from the story, keep up those fine motor skills and send your teacher a picture of your beautiful colouring.

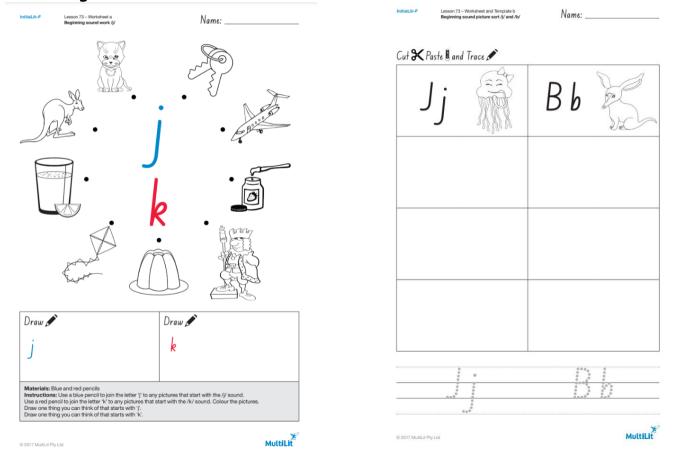
	\circ	0
000	CLICK, CLACK, MOO	000
0000	Would you have given the cows an electric	0 0 0
000	blanket? Why or why not?	000
000	(Circle One)	000
000	Yes No because	000
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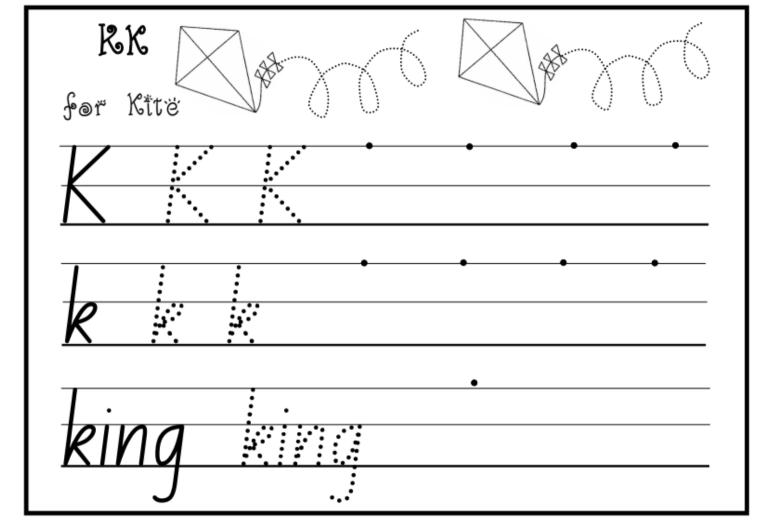


Read the sounds across the top and sound out the words, make sure you put the sounds back together

li	nitiaLit-F Sounds and Words Set 5: Lessons 64-75 k, u, b, j - sounds and v	words			
000	Ь	k	j	и	Ь
	cub	kit	bed	kip	bud
	jug	hub	keg	bob	jag
		0.2 0.3			

Complete the following worksheets, draw a picture in the boxes of something that starts with the letters 'J' and 'B'







-Reader home reader or story to a family member Or

-Listen to a family member read a story book
Or

-Listen to a story from storyline online https://storylineonline.net/

Or

Login to Epic at www.getepic.com
K/1P class code is mrd5094
K/1C class code is tsb9840



Maths 12:20-1:20



Monday

How to play: roll 2 dice, add the numbers together and cover the matching cupcake with a counter or item.

Goal: to purchase (cover) every cupcake in the store! Maybe you can play with a family member.

*Game in resource pack

Thank You!







We are learning about tally marks.

Watch the video to find out about tally marks. https://www.youtube.com/watch?v=xE0lJsHiFTE

##

Draw tally marks for each number and talk to a family member about tally marks.

1	2	3	4	5
6	7	8	9	10



PDH 2:15-3:15



Monday

This week we will be investigate different safety lessons as part of PDH. Safety Town is a free online NSW Government resource to support teaching children about road safety. Please follow the link to allow your child to explore the learning on the website. Please follow the topics covered in the lessons to support teaching.

Safety Town: https://www.safetytown.com.au/



Crossing the road

Road Safety



Visit the Safety Town website and click on student and select 'Who is out walking'

https://www.safetytown.com.au/town/student/es1/#map

Talk to a family member about how you need to be safe when out walking.

Complete the activity sheet in resource.

A note for families

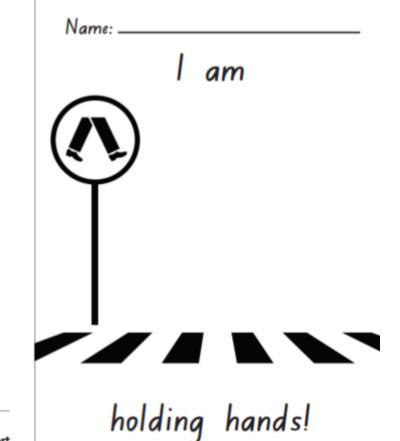
Adults are always responsible for the safety of the young children in their lives.

Keep children safe by ensuring an adult is always there to hold their hand whenever vehicles are around or could be around. Hold their hand or hold them close to keep them safe.

Hold children's hands whenever walking:

- · on the footpath
- · in driveways and car parks
- · across the road.

For more information about safe travel visit safetytown.com.au



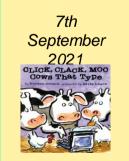




Draw and write about the grown-ups who hold your hand when you go out walking.	Draw and write about a place you like to walk to holding a grown-up's hand.	
holds my	We hold hands to keep safe	
hand when we are out walking.	walking to	



Literacy 9:30-11:30



Tuesday

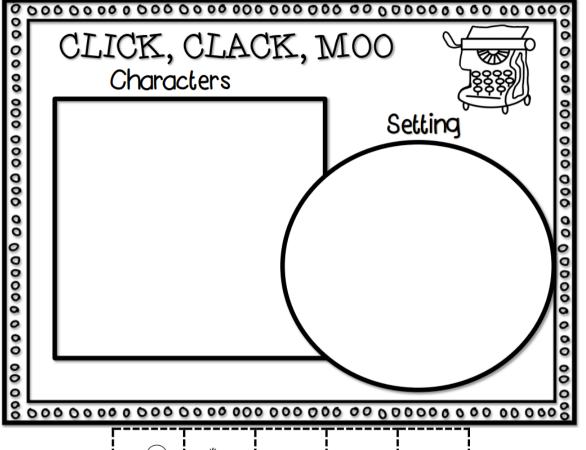
Focus Text

Listen to 'Click, Clack, Moo - Cows That Type.'

Please revisit the focus words are - furious, impatient, and demand and ask your child to define, or act out, these words to you.

Today we are going to discuss the characters and the setting of where the story takes place. The setting is where, and the characters are who the story is about.

Then we have a fun word search, see if you can find the words from Click, Clack, Moo hidden in the puzzle



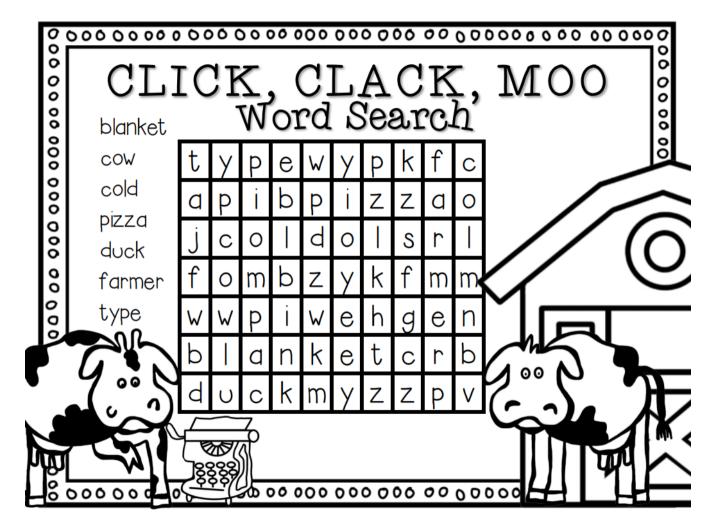










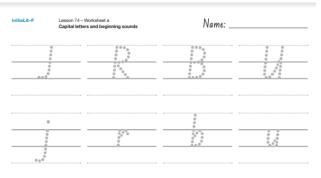


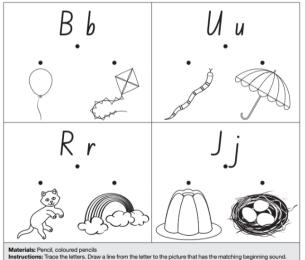
Read the sentences and sound out the words to help if you need to. Tricky words are our sight words, students need to know what these look like as they cannot be sounded out

My my is I a the The

- 1. My job is fun.
- 2. I am a big kid.
- 3. Jim had a jam bun.
- 4. The pig is in the mud.

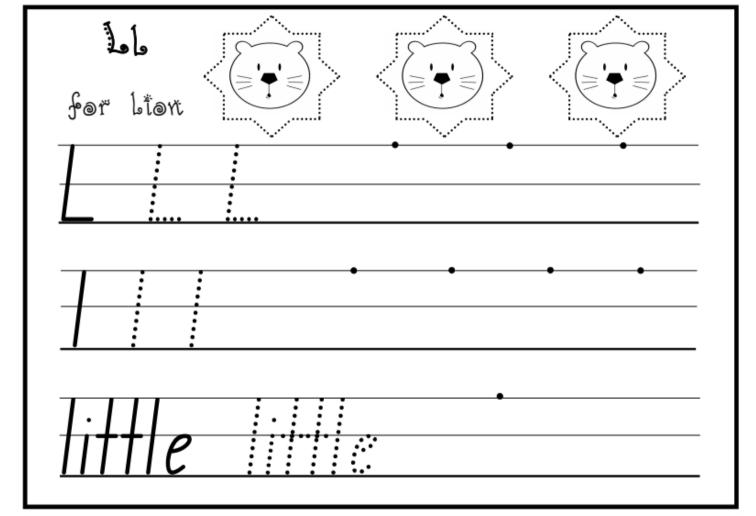
Complete the following worksheets:





nitiaLit-F	Lesson 74 – Worksheet b Complete the word	Name:		
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Draw 🖋	>	Draw 🖋	Draw 🖍	
•	0 0 0 0 0 0 0 0 0	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	771,771	

Colour the picture.





-Reader home reader or story to a family member Or

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Or

-Listen to a story from storyline online https://storylineonline.net/

Or

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K/1P class code is mrd5094
K/1C class code is tsb9840



Maths 12:20-1:20

7th September 2021



Tuesday

How to play: roll 2 dice, add the numbers together and cover the matching cupcake with a counter or item.

Goal: to purchase (cover) every cupcake in the store! Maybe you can play with a family member.

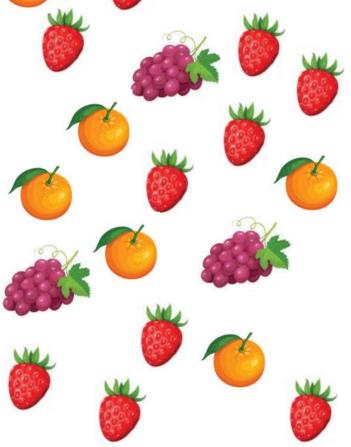
*Game in resource pack

Thank You!









Fruit	Tally marks	Number



PDH 2:15-3:15

7th September 2021



Tuesday

Road Safety
Talk to a family member out these images.
Questions to think about:

- Where do you often walk to?
- How do you keep safe when walking there?
- Who do you hold hands with when walking?
- Why do you need to hold a grown-up's hand?
- What should you do if a













Literacy 9:30-11:30

8th September 2021



Wednesday

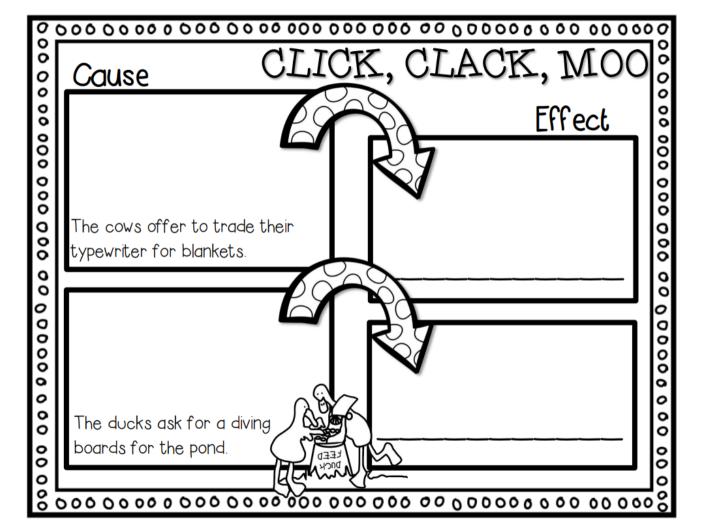
Focus Text

Listen to 'Click, Clack, Moo - Cows That Type.'

We are going to be looking at the cause and effect of the animal's actions.

The cows and chickens were cold and asked for electric blankets. Then when Farmer Brown would not give them to the animals they went on strike and there was no milk, and no eggs!

This is an example of cause and effect, on the following worksheet can you draw or write about another example.



Read the sentences and sound out the words to help if you need to. Tricky words are our sight words, students need to know what these look like as they cannot be sounded out

Tricky Words

I to the is That that

- I can jog to the top.
- 2. The kid is on the bed.
- 3. The bug is in the jam.
- 4. That is a big jet.

Complete the following worksheets:

InitiaLit-F

Lesson 75 – Worksheet and Template a

Name:

Cut X Paste & and Trace

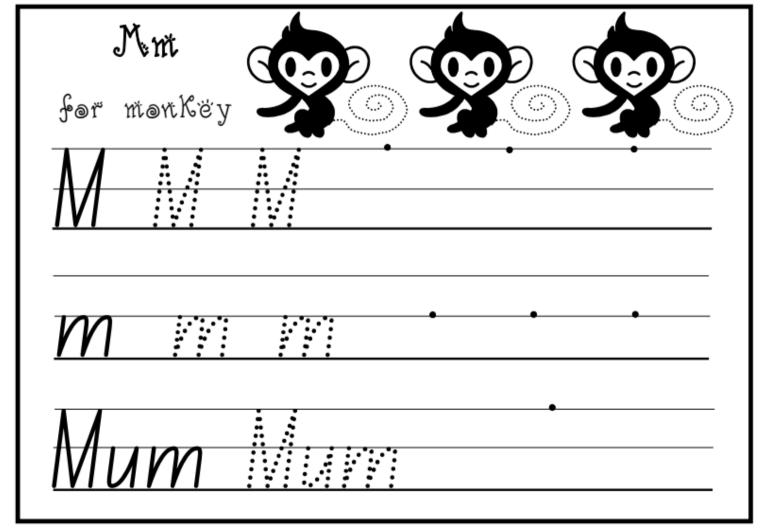
them	she	there

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Draw 🖋			

InitiaLit-F	Lesson 75 – Worksheet b Tricky Words	Name:		
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Or

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Maths 12:20-1:20

8th
September
2021
I will NOT
give up
even when
it's HARD!

Wednesday

How to play: roll 2 dice, add the numbers together and cover the matching cupcake with a counter or item.

Goal: to purchase (cover) every cupcake in the store! Maybe you can play with a family member.

*Game in resource pack

Thank You!





Maths Data Investigation

Use tally marks to record your family's favorite ice cream flavor. You may also like to add in the teacher's favorite ice cream to the tally.











Ice Cream	Vanilla	Strawberry	Chocolate	Peppermint
Tally Marks				
Total (write as a number)				



PDH 2:15-3:15

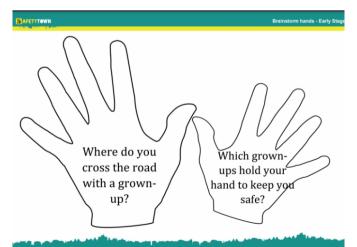
8 September 2021



Wednesday

Crossing the Road

Complete the road safety hands with a family members help. Talk about how to be safe crossing a road and who can hold your hand.



A4 activity sheet in resource pack



Literacy 9:30-11:30

9th September 2021



Thursday

Today's writing activity is to pretend that you are another animal on Farmer Brown's Farm. What animal are you? What are you going to ask Farmer Brown to give to you? What will you take away from him if he does not give in to your demands?

Don't forget to:

- Use finger spaces between your words
- Use a capital letter at the start of your sentences
- Put a full stop at the end of your sentences
- Sign your name as the animal at the end of your letter

ear Farmer Brown,					
Sincerely,					
	_				

Read the sounds across the top and sound out the words, make sure you put the sounds back together

InitiaLit-F

Sounds and Words Set 6: Lessons 76-81 w – sounds and words



		w		
wag	wed	win	wig	wet
web	wit	wet	wag	wid



Complete the following worksheets:

InitiaLit-F

Lesson 76 - Worksheet b Capital letters

Name: _____

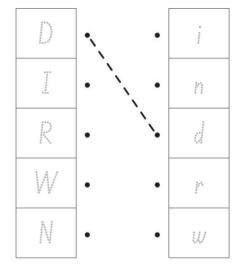
Lesson 76 - Worksheet a Beginning sound /w/ and /j/ Name:



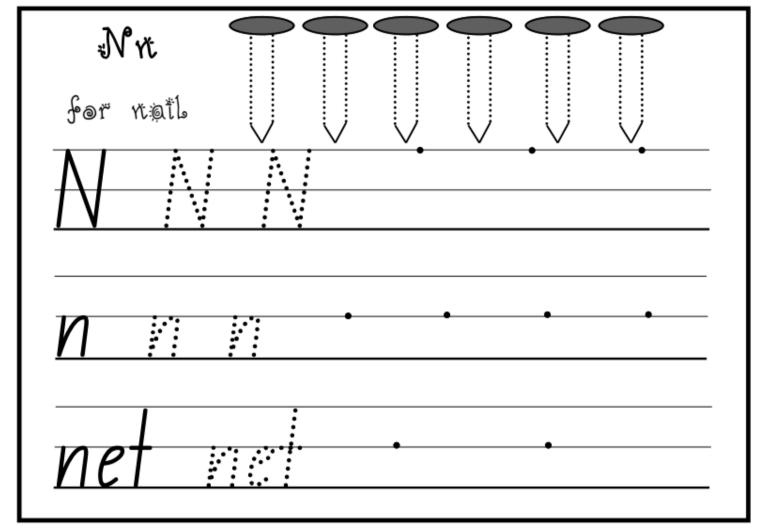
Draw 🖍	Draw 🖍
w	j
Materials: Coloured pencils	

Instructions: Use a coloured pencil to join the letter 'w' to the pictures that start with the /w/ sound. Use a different coloured pencil to join the letter 'j' to the pictures that start with the /j/ sound. Colour the pictures. Draw one thing you can think of that starts with /w/.

Draw one thing you can think of that starts with /j/.



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Maths 12:20-1:20

9th September 2021



Thursday

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Goal: to purchase (cover) every cupcake in the store! Maybe you can play with a family member.

*Game in resource pack

Thank You!





Maths Data Investigation Bugs in the Garden

Use tally marks to record how many and what types of bugs you can find in your backyard.



Can you make up a chart to record your data or ask a family to help you.

*Remember not to pick up or touch any bugs when you are out collecting data.

-Share you data with the teacher on Dojo by sending a photo.



PDH 2:15-3:15



Thursday

Crossing the Road

Go for a walk with an adult family member and look at all the road signs and practice how to cross the road safely.

Video for parents to teach - stop, look, listen and think when crossing the road

https://www.youtube.com/watch?v=WPe22XLMHZQ

When you get home draw a picture of the signs you see

on your walk.





STOP

Always stop before crossing. Make sure it is clear before moving from the pavement.

If there is a crossing nearby, use it. Even if it means welking a little further to get to it.



STOP



LOOK

Make sure you can see clearly in both directions.

Look for cars approaching -Also make sure you look for motorbikes and bicycles. You should let vehicles pass before crossing.



LISTEN

Listen out for traffic.

Sometimes you can hear vehicles before you see them.



THINK

- Do not cross:
- between cars
- on a bend - or over the crest of a hill drivers will have less chance of seeing you.

If you are sure it is clear and safe you should cross. If you are unsure - wait!





when crassing, look out for friends and siblings. Try and find the safest route to where you are going, look out for designated crossing points.



At a traffic light crossing, press the button and wait for the green man to light up and biceps to sound.



At a sebre crossing wait until the traffic from both directions has stopped, and then cross.



When crossing with a School Crossing Patrol Officer always follow their instructions, and remember to say thank-you.



Literacy 9:30-11:30

10th September 2021

Priday

Oh my goodness!!!!! Someone has brought a dinosaur back from the past. It has come to Cootamundra Public School and has scared the students.

Your writing task today is to write about how, or why the dinosaur is at our school and what will happen next!

Please remember to include:

- Capital letters
- Full stops
- Finger spaces in your writing
- A picture to go with your writing

Please write your story in your learning book and send a photo to your class teacher.







In your writing think about who your characters are, where the setting is, and what is the cause and effect.

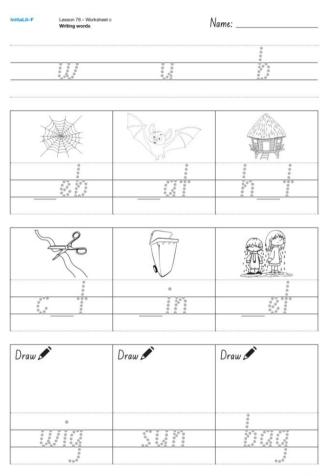
Read the sentences and sound out the words to help if you need to. Tricky words are our sight words, students need to know what these look like as they cannot be sounded out

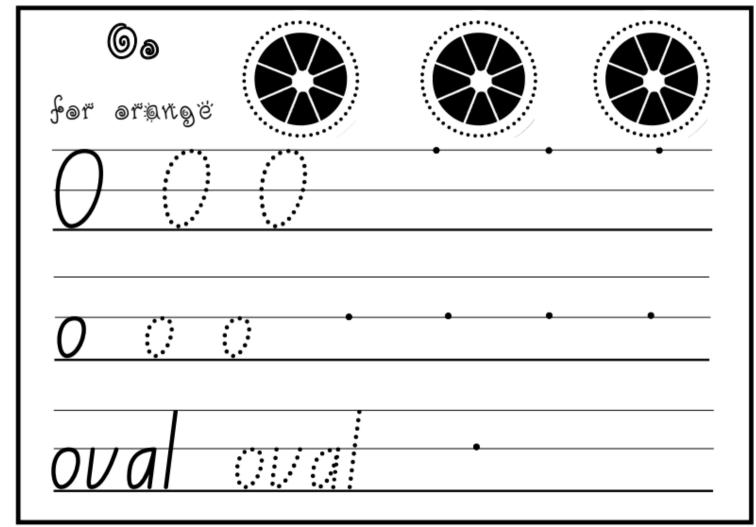
Tricky Words

He he has the is to

- 1. I can win.
- 2. He has a wig.
- 3. The rug is wet.
- 4. It is fun to win.
- 5. The wig is wet.

Complete the following worksheet:







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-Listen to a family member read a story book
Or

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Maths 12:20-1:20



Friday

How to play: roll 2 dice, add the numbers together and cover the matching cupcake with a counter or item.

Goal: to purchase (cover) every cupcake in the store! Maybe you can play with a family member.

*Game in resource pack

Thank You!





Maths Data Investigation: Colours of my Toys

Use tally marks to record the different colours of your toys in your toy box. Look at what is the main colour of that toy.

Colour			
Tally mark			
Total			



Art 2:15-3:15

3rd September 2021

Friday

Make a spring butterfly for you garden.

- 1. Colour in or paint the butterfly outline.
- 2. Cut out the butterfly outline
- 3. Sticky take the butterfly to a stick
- 4. The the butterfly in the garden or in a pot plant by pushing the stick into the soil.

