

COOTAMUNDRA PUBLIC SCHOOL CANTEEN LIST

| SANDWICHES | | ROLLS | HOT FOOD | |
|---|-------|-------|--|-----------|
| Cheese | 2.00 | 2.50 | Hot Dog | 3.00 |
| Egg | 2.00 | 2.50 | Hot Dog and Cheese | 3.50 |
| Tomato | 2.00 | 2.50 | Hot Chicken Roll | 3.50 |
| Banana | 2.00 | 2.50 | Hot Chicken Roll and Gravy | 4.00 |
| Vegemite | 2.00 | 2.50 | Party Pies (maximum 2) | 1.00 each |
| Honey/Jam | 2.00 | 2.50 | Meat Pie * | 3.00 |
| Chicken | 3.50 | 4.00 | Small Sausage Roll (maximum 2) | 1.00 each |
| Ham | 3.50 | 4.00 | Sausage Roll * | 2.50 |
| Salad – Cheese, tomato and lettuce | | | Chicken Breast | 2.50 |
| Super Salad – Cheese, tomato, lettuce, beetroot, carrot and cucumber | | | Chicken Tender * | 1.50 |
| Salad – no meat | 3.00 | 4.00 | Lasagne * | 4.00 |
| Super Salad – no meat | 4.00 | 4.50 | Pizza * | |
| Ham and Salad | 4.00 | 4.50 | Ham/pineapple, Ham/cheese or BBQ Chicken | 2.50 |
| Ham and Super Salad | 4.00 | 5.00 | Creamy Chicken Pasta Cup* | 1.50 |
| Chicken and Salad | 3.00 | 4.00 | Noodles – Chicken or Beef * | 2.00 |
| Chicken and Super Salad | 4.00 | 4.50 | Fried rice – cup* | 1.50 |
| Mayonnaise/Wholemeal Bread/ Grain Bread on request (please write preference on order) | | | Fried rice – bowl* | 3.00 |
| | | | Spaghetti Bolgnaise – cup* | 1.50 |
| | | | Spaghetti Bolgnaise – bowl* | 3.00 |
| | | | Dinosnacks (maximum 5 per order) | 0.50 each |
| | | | Chicken/Cheese Toasted Wrap | 1.50 |
| | | | Cheese and Sauce Roll | 1.00 |
| | | | Sauce Sachet (Tomato, BBQ, Sweet and Sour) | 0.20 |
| SALADS | | | | |
| | PLATE | BOWL | | |
| Garden Salad: cheese, lettuce, tomato, cucumber, carrot, beetroot | 4.50 | 3.50 | | |
| Ham or Chicken Garden Salad | 5.50 | 4.50 | | |
| SNACKS | | | DRINKS | |
| Fruit Salad Cup | | 1.00 | Flavoured Milk (Chocolate, Strawberry, Banana) | 1.50 |
| Chicken, lettuce, mayo, wrap | | 1.50 | 100% Fruit Juice Poppers | 1.50 |
| Jumpies (limit 2 per day) | | 1.00 | Orange, Apple, Apple/Blackcurrant | 1.50 |
| Red Rock Deli Chips | | 1.00 | Water | 1.50 |
| Jelly Cups | | 0.50 | Warm Milo | 1.00 |
| Piece of fresh fruit | | 0.50 | Fruit Box | 1.00 |
| Pikelets (home- made) | | 0.20 | | |
| ICE BLOCKS | | | *GF Gluten Free – available on request. Please note option on lunch order. Colour coded by the Healthy Kids Association for School Canteens | |
| Paddle Pop | | 1.50 | | |
| Zooper Doopers | | 0.50 | | |
| TNTs | | 0.60 | | |
| Lemonade Icy Pole | | 1.00 | | |
| Paddle Pop Thick shake | | 2.00 | | |